



Neighborhood
Centers Inc.
Lifting hearts.
Building futures.

100 YEARS 1907-2007

SUNNY FUTURES Healthy Start Resource Listing

****FREE**
RESOURCES:**

- **Medical/
Dental Care**
- **Pregnancy
Testing**
- **Medicaid**
- **Food Banks**
- **STD/HIV
Screening**
- **Stress
Management**
- **Parenting
Classes**

CATHOLIC CHARITIES

326 S. Jensen
Houston TX 77003
Tel. 713-227-9981 / 713-526-4611

Food/ assistance with rent or utilities, case management

**HARRIS COUNTY
SOCIAL SERVICES**

Tel: 713-696-7900
Rent, utilities, emergency shelter.

LIFE HOUSTON

2002 S. Wayside, Ste 113
Tel: 713-528-6044
Infant formula, diapers & baby food (0-12 months)

**TEXAS DEPARTMENT OF
HUMAN SERVICES**

Tel: 713-767-2095
Food stamps. Medicaid. CHIP Perinatal.

HOUSTON FOOD BANK

Tel: 713-547-8668
Emergency food assistance.

SALVATION ARMY

Tel: 713-752-0677
Assists homeless population.

CALVACADE TEEN LINIC

3815 Calvacade Houston Texas 77026
Tel: 713-673-1655

DENVER HAVOR

6402 Market St.
Houston 77020
Tel: 713-675-2151

CASA JUAN DIEGO

Tel: 713-869-7376
Shelter

MHMRA

3630 W. Dallas
Tel: 713-970-4444
Stress & depression; mental health services.

CHILDREN'S PROTECTIVE SERVICES

2525 Murworth
Tel: 713-394-4000
1-800-252-5400 (Austin)

DEPELCHIN CHILDREN'S CENTER

Tel: 713-730-2335
Treatment for behavior & emotional problems. Parenting classes.

AVANCE

Tel: 713-812-0033
Free parent education classes

**HARRIS COUNTY
HOSPITAL DISTRICT
APPOINTMENT LINE**

Tel: 713-526-4243

BEN TAUB TEEN CLINIC

1504 Taub Loop Houston Texas 77030
Tel: 713-793-3601

L.B.J TEEN CLINIC

5656 Kelly St. Houston, Texas 77026
Tel: 713-566-8582

SUNNYSIDE HEALTH CENTER

9314 Cullen
Houston Texas 77051
Tel: 713-732-5000

LYONS HEALTH CENTER

5602 Lyons Ave
Houston Texas 77020
Tel: 713-671-3000

CENTRAL CARE-RIVERSIDE

3315 Delano
Houston, Texas 77004
Tel: 713-831-9600

SAN JOSE CLINIC

301 Hamilton
Houston, Texas 77002
Tel: 731-228-9411
Emergency dental care.

PLANNED PARENTHOOD

3601 Fannin St.
Houston, Texas
Tel: 713-522-3976

HOUSTON WIC PROGRAM

Tel: 713-794-9090

UNITED WAY/ 211

Information line

FIFTH WARD PRENANCY HELP CENTER

701 Shotwell St.
Houston, Texas 77020
Tel: 713-675-2800

HESTER HOUSE

2020 Solo St. Houston, Texas 77020
Tel: 713-672-6436